

Episode Reflection Guide

Episode 2: Doubting Your Calling?

3 Truths about Your Identity in Christ to Help You Step Out with Confidence

Confidence grows as you see yourself as God sees you and remember who you are in Christ.

Take a few minutes to prayerfully consider how what we talked about in this episode connects with your own life and purpose journey. As you reflect, notice what God may be inviting you to see more clearly, approach differently, or take a step toward.

1

What from your past shaped a limited view of what you believe God can do through you now?

2

What self-talk, limitations, or struggles have influenced how you see yourself?

3

How might your identity in Christ change what you believe is possible?



**Life Purpose *for*
Christian Women in Midlife**