

Episode Reflection Guide

Episode 3: Is It God or Me? How to Discern When God Is Calling You to Do Something

Discerning God's leading often means looking beyond one sign to the bigger picture.

Take a few minutes to prayerfully consider how what we talked about in this episode connects with your own life and purpose journey. As you reflect, notice what God may be inviting you to see more clearly, approach differently, or take a step toward.

1

What one sign, feeling, or circumstance have you relied on most for confirmation?

2

What else in the broader picture of your life supports—or questions—what you sense God is calling you to do?

3

After considering the bigger picture, what feels clearer—and what may still need prayer, wisdom, or confirmation?



**Life Purpose *for*
Christian Women in Midlife**